



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2018

Sporting Excellence in Karate

Grass Roots Level

Lilly Hammond

This is to certify that Lilly Hammond has performed to a very high standard in Competition Sport Karate throughout 2018 winning the medals and titles listed below:-

Championship Success - 1 Silver

Hull & East Riding Junior Championships - 10th June, Bilton

Silver - Individual Kumite

Congratulations on your sporting achievements throughout 2018. Well done Lilly.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.